



THE DUNRAVEN
A D A R E

Choose a Fresh Start

Freshly squeezed Orange Juice, Attyflin Apple Juice or Grapefruit Juice

A selection of Cereals

(1 wheat, 3 trace,4,7,14)

Creamy Oatmeal Porridge

Why not add Honey, Berry Compote or Mixed Seeds

(1 oat, 3 trace,4,12)

Overnight 'Chia Seed and Stewed Apple' Oats

(1 oat, 3 trace,4)

The Natural Yogurt 'Pot' with Berry Compote, Granola and Lemon Curd

(1 oat,3 hazelnut,almond,4, 7)

The Full Irish

Traditional Pork Sausage, Black Pudding and Crispy Bacon, Croom Eggs 'cooked your way', Baked Tomato and a Homemade Potato Rosti

(1 wheat, barley,3 trace,4,7,14)

Crispy Bacon and Eggs

Crispy 'Grilled to order' Bacon and Croom Eggs 'cooked your way'

(4,7,14)

3-Egg Omelette

Please advise your server how you like your Omelette

(4,7,14)

Menemen

Turkish Style Scrambled Eggs, Spiced Tomato and Oregano, Feta Cheese and Toasted Sourdough

(1 wheat,3 trace,4,7,14)

Homemade Pancakes

2 Fluffy American-style pancakes served with Canadian Maple Syrup

(1 w heat,3 trace,4,7)

Shakshouka

A Pair of Soft Poached Eggs served on Toasted Sourdough Bread with a North African Spiced Pepper & Tomato Stew

(1 wheat,3 trace,4,7,9,11,12,13,14)

The Full Vegetarian

Roasted Cherry Tomatoes and Mushrooms, Soy and Sesame sautéed Spinach and Broccoli, Potato and Onion Rosti

(4,12,13)

The Dunraven Baker Selection (1 wheat, oat,3 walnut,hazelnut,almond,4,7,12)

Full Dunraven Works Breakfast €18.50 plus 12.5% Service Charge

1 – Cereals containing Gluten	8 – Fish
2- Peanuts	9 – Celery
3 – Tree Nuts	10 – Lupin
4 – Milk	11 – Mustard
5 - Crustaceous	12 – Sesame Seeds
6 – Molluscs	13 – Soya
7 – Eggs	14 – Sulphur Dioxide